

11-29 AUGUST

Winter Wonderfest

Brought to you by the good folk at the Women's Network Whanganui + friends



CONNECT EMPOWER INSPIRE

WOMEN'S NETWORK

Festival Guide



FESTIVAL PROGRAMME: 11-29 AUGUST

The 11th annual festival is brought to you by the Women's Network + friends
Email: womnet.whanganui@gmail.com

Details were correct as at 30 June. Some changes may occur
For more info, get in touch with the contact person listed for each festival event



11/08

ACTIVITY DETAILS

- 10am** **STORY TIME, free.** Stories and songs for preschool tamariki.
- 1:30-3pm** **WRITE IT – A WORKSHOP FOR SCRIBBLERS, free.** Focus on chic lit & developing a storyline for a strong female lead character.
- 5:30-6:30pm** **CARDIO GROUP FITNESS \$10.** A fun & energetic class for those with a reasonable fitness level. **Each Tuesday in the festival.**
- 7-9pm** **FUSED GLASS MANDALA NIGHT COURSE [continues 18 & 25 Aug] \$210.** Learn how to cut and shape glass to create your own unique mandala design. No experience needed.

CONTACT INFO + VENUE

Davis Library, Pukenuamu Drive
Info: jane@whanganuilibrary.com

Gonville Library, 44 Abbot Street
gonville@whanganuilibrary.com

St Andrew's Hall, Bell Street
Contact Carla 021 165 8961

Redlow Gypsy Studio, 5 Smart Tce
Booking essential
redlowgypsy@gmail.com

12/08

DREAMS OF THE VELDT: WOMEN, WHANGANUI & THE SOUTH AFRICAN WAR, free. Tour the exhibition *Kiwis on the Veldt*, learn about Whanganui's place in the South African War (1899-1902) view a rare book, *Dreams*, by feminist & activist Olive Schreiner.

11am-12pm

2pm **STRENGTH & BALANCE \$5.** This class is a mixture of chair, mat, boxing and weights suitable for all ages and fitness levels.

5:30-7pm **WINTERING, EXHIBITION OPENING, free.** The exhibition explores winter as a lived process of retreat, endurance, preservation, and quiet transformation. Alongside, exhibitions by Emma Cunningham, Chris Cunningham and Lisa Feyen.

6:30-9pm **MAMMA MIA-HERE WE GO AGAIN! Free.** Get dressed up, BYO kai & join us for some more singing, dancing and clapping!

7pm **LADIES NIGHT AT MITRE 10 MEGA \$10.** Hosted in collaboration with suppliers & local tradies, experience hands-on activities where you can learn new skills, plus spot prizes to be won.

Alexander Library
Pukenuamu Drive
heritage@whanganuilibrary.com

Rivercity Boxing Club. Contact Lisa 021 024 25335. **Also 19 & 26 August**

Space Studio & Gallery
18 Saint Hill Street
Open Tuesday-Saturday 10am-3pm
Viewing 11 - 29 August

Gonville Library, 44 Abbot Street
gonville@whanganuilibrary.com

Tickets at Mitre 10 MEGA
Whanganui, 200 Taupo Quay

13/08

10am-12pm **TEA & TOPICS, free.** Beth Savage of Whoven Whānau will provide insights about support for parents & grandparents.

12pm **AYURVEDA FOR SEASONAL WELLBEING, free.** Discover how Ayurveda can help you align with nature's rhythms through seasonal routines, nutrition, and practices that support wellbeing.

12-2pm **AMNESTY INTERNATIONAL – WRITE FOR RIGHTS, free.** A global letter writing campaign, with a focus on women's rights.

5:30-6:30pm **STRENGTH & ENDURANCE \$10.** Enjoy a fun class using weights, suitable for most fitness levels. **Each Thursday in the festival.**

5:30-7pm **MINDFULNESS & MEDITATION. Koha.** Buddhist mindfulness & meditation in Thich Nhat Hanh tradition. Practise mindful daily living. Stopping, resting, calming, healing. All welcome.

Gonville Library, 44 Abbot Street
gonville@whanganuilibrary.com

Yogabee, 72 St Hill Street
radha.heartawakening@gmail.com

Gonville Library, 44 Abbot Street
gonville@whanganuilibrary.com

St Andrew's Hall, Bell Street
Contact Carla 021 165 8961

RSVP to Clare 021 062 2120
Info: www.plumvillage.org
Also 20 & 27 August

14/08

9am **GOOD TRASH RIDE.** Do a good deed for Mother Nature and join in a fun ride. You will need a basket, paniers or backpack for the aluminium cans you collect.

5:30pm **STYLE v FASHION \$10.** Style is yours – fashion is borrowed! Join Lee Williams and Niki Vernon to explore colour, identity, and the power of wearing clothes that genuinely reflect you. **Also 21 August.**

5:30-7:30pm **RAKU WITH AHI WĀHINE \$25 per pot.** Glaze a handmade pot with unpredictable glazes and watch your pot transform as it sits in a bed of fiery sawdust. **Also 21 August.**

6-9:30pm **CALL OF CTHULHU MYSTERY, free.** A roleplaying game of mystery and madness.

Meet at the Yellow House Cafe
margikeys93@gmail.com
or 027 4481 581

Paetuia Studio, upstairs 180 Victoria Ave [by Anderson's Uniform Shop]
vernonmoneypoppins@gmail.com

Whanganui Potters Studio,
19 Taupo Quay
Contact Laura 021 934 571

Alexander Library. Booking essential
nicola@whanganuilibrary.com

15/08

10am-3pm **BODY CODE SESSIONS \$25 for 25mins.** With permission to work with your subconscious mind, using the Body Code, we will quickly uncover underlying causes for any issues & clear those energies.

11am-4pm **ENERGY RESET OR INTUITIVE READING \$30 for 30 mins.** Pop in for a gentle hands-on energy reset or intuitive tarot reading in a calm supportive space to gain clarity and reconnect. **Also 22 & 29 August.**

2-4pm **COMMUNITY FARM TOUR \$5 per adult.** A guided walk through the unique learning & outdoor spaces at Piwaiwaka Farm. Experience a scenic, off-road-pram-friendly route with some uneven ground.

2-4pm **MAKE A STAINED GLASS STAR \$65.** Learn the craft of copper foiling and soldering to make a stunning stained glass star, suitable for 13 yrs+.

Women's Network, 75 St Hill Street
Contact Rere to book 022 4344 914
Also 22 August

Suite 22, 225 Wicksteed Street
Contact Tamalisa 021 599 219
hello@enchantedbeginningsnz.co.nz

Pīwaiwaka Farm, 673 Papaiti Road
maddie@learningenvironment.nz
Please arrive from 1.30pm

Redlow Gypsy Studio, 5 Smart Tce
RSVP: redlowgypsy@gmail.com

16/08	PAVERPOL DOLL \$90. Create a monochrome humanoid figurine using wire armatures and natural materials dipped in Paverpol, suitable for indoor or outdoor use. BYO lunch.	Venue given upon booking Contact Daveena 027 2077947 or dvna62@hotmail.com
10am-4pm		
11am-3pm	BEYOND THE ALGORITHM: A PRACTICAL GUIDE TO ETHICAL AND CONFIDENT AI USE \$75. Learn practical skills, ethical prompting, what free platforms are available and smart digital habits.	'Te Rangi', 4 Allison Street Enrol online www.communityeducation.nz
1-3pm	CHARCUTERIE PLATTER \$90. Create a unique hand-made pottery charcuterie platter, perfect for those who love sharing food.	11 Kotuku St, Castlecliff. Book online http://www.mcleodpottery.co.nz/
1-4pm	MIDWINTER CREATIVE PAUSE \$10. Reclaim your calm. Explore tactile, fun art mediums & mindfulness in a nature-connected setting. No art experience needed. Afternoon tea provided.	673 Papaiti Road Contact Julie 021 121 6965 or julie@learningenvironment.nz
17/08	LITTLE EXPLORERS – BABY SENSORY TIME, free. Watch your little one explore, giggle and grow with hands on sensory play, colour, texture, music & movement. Each Monday.	Gonville Library, 44 Abbot Street Info: jane@whanganuilibrary.com
10am-12pm		
11am-2.30pm	AGEING WITH ATTITUDE \$40. Based on Carla Langmead's many years of experience supporting people in mindset change & personal transformation. Create your own personal reflection journal to continue insights beyond the workshop [BYO journal].	Women's Network, 75 St Hill Street RSVP to Carla 021 165 8961
18/08	UNDERFOOT & UNDERSTANDING \$5. Has your husband or male partner recently retired & doesn't know what to do with himself? A conversation about supporting retired men to find new interests, social connections & other meaningful ways to spend their time.	Facilitated by Ellen Young & Sam O'Sullivan, venue given on booking RSVP by 15 August margikeys93@gmail.com
9:30am -12pm		
10am	STORY TIME, free. See 11 August	
1:30-3pm	GOOD READS AT GONVILLE, free. A focus on chic lit, female authors and female lead characters. Bring your favourites along to share.	Gonville Library, 44 Abbot Street gonville@whanganuilibrary.com
5:30-6:30pm	CARDIO GROUP FITNESS \$10. See 11 August	
5:30-7:30pm	WOMEN WHO LEAD, free/koha welcome. Award-winning author Airini Beutrais will talk about the juggle of paid work, parenting, and being a creative in the current political and economic climate, through a feminist lens.	Barracks Sports Bar, 170 St Hill Street Buy refreshments on site womnet.whanganui@gmail.com
19/08	STRENGTH & BALANCE, \$5. See 12 August	
2pm		
5:30pm	JOA'S WINE TASTING \$50. Step into the charming world of Alsace, where crisp whites and fragrant aromatics make every glass feel like a little escape to France. Explore favourites like Riesling, Gewürztraminer and Pinot Gris.	Space Studio & Gallery 18 St Hill Street. Booking essential Tickets: www.joaswines.co.nz
7-9pm	SHORT FILM NIGHT, one can of food or pantry item. A collection of inspiring short films exploring indigenous food sovereignty to zero waste living.	Kai Hub, 267 St Hill Street Booking essential kiaora@whanganuikaihub.org
20/08	MANUAL LYMPHATIC DRAINAGE \$5. Curious about the lymphatic system and how this approach may support overall wellbeing? Personal experiences and home care suggestions.	Women's Network, 75 St Hill Street RSVP to Emma 021 103 3394
12:30-2pm		
5:30-6:30pm	STRENGTH & ENDURANCE \$10. See 13 August	
5:30-7pm	MINDFULNESS & MEDITATION, koha. See 13 August	
6-8pm	VISIBLE MENDING \$10. Bring an item that needs mending, learn some creative techniques to extend the life of your clothes.	Women's Network, 75 St Hill Street RSVP to Sally 021 166 1895
21/08	GONVILLE WISDOM CIRCLE: POETRY ZINE MAKING & POEM SHARING, free. Lead-in to National Poetry Day. Bring a favourite poem to share. Zine making materials provided or BYO if you like.	Gonville Library, 44 Abbot Street Info: airini@airinibeutrais.com
12:30-1:30pm		
3:30-4:30pm	CREATE YOUR OWN BOOKMARK, free. Unleash your creative inner self and make your own durable bookmark using a wide variety of materials provided – book pages, pictures, lace, beads, string.	Gonville Library, 44 Abbot Street gonville@whanganuilibrary.com
5.30pm	STYLE v FASHION \$10. See 14 August	
5.30-7:30pm	RAKU WITH AHI WĀHINE \$25 per pot. See 14 August	
6-8pm	PAPER CLAY BUST VASE SCULPTING \$55. Sculpt a vase in bust form, from recycled materials & paper clay, in this hands-on crafty evening. Includes refreshments & nibbles, ages 18+.	Booking essential, book online at: http://www.whisp.co.nz/ For updates, 'Craftopia' on Facebook
22/08	BODY CODE SESSIONS. \$25 for 25mins. See 15 August	
10am-3pm		
11am-2pm	TAMARIKI MUSIC-MAKING WITH JAQI, free. Discover a colourful range of instruments, dance props & sound-makers for 0 – 9 year olds, sing some new & known English/te reo Māori songs together.	Davis Library, Pukenuamu Drive RSVP: https://tinyurl.com/26kj52fz
11am-4pm	ENERGY RESET OR INTUITIVE READING \$30 for 30 mins. See 15 August	
11am-4pm	INTUITIVE READINGS, MIRIMIRI + ENERGY HEALING \$30 for 30 mins. Select a modality that feels right for you & be guided by Luana or Claire to assist with wellbeing & self-connection. Also 23 & 29 August.	225 Wicksteed St, Suite 22 'A Healing Place' Contact Luana 027 766 1877

22/08**2-3pm****INTRODUCTORY PILATES CLASS \$5.** Learn the fundamentals of pilates in this gentle mat class with a focus on breathing, body awareness, mobility & strength.**8:30
-10:30pm****SNATCHED: WOMEN'S STAND-UP COMEDY NIGHT \$12-\$20 + booking fee.** MC Jaqi Taimana introduces a sparkling line-up of fairly local women comedians to warm up your winter. A highlight reel of awesome stand-up comedy.**23/08****10am-2pm****T-SHIRT IMAGE DESIGN WORKSHOP. Kids \$45, Adults \$55 [includes session + printed T-shirt].** Create a unique T-Shirt Design to be printed on a high-quality cotton shirt. Sizes up to 5XL.**11am-4pm****INTUITIVE READINGS, MIRIMIRI + ENERGY HEALING \$30 for 30 mins****1-3pm****RITUALS - NATURAL RECIPES FOR HOME & BODY \$40.** Step away from the bleach! Learn to make safe, effective natural products - two cleaners & a body scrub. All materials + recipe booklet included.**2-4pm****FUSED GLASS GARDEN CLASS \$95.** Make your own beautiful fused glass garden-scape with stunning murrini imported from Croatia.**24/08****10am-12pm****LITTLE EXPLORERS - BABY SENSORY TIME, free. See 17 August****5:30-7pm****NURTURE: CACAO & YOGA CIRCLE FOR WOMEN \$25.** A nourishing evening combining ceremonial cacao, gentle yoga, meditation, and connection in a supportive and heart-centred circle.**25/08****10am****STORY TIME, free. See 11 August****5:30-6:30pm CARDIO GROUP FITNESS \$10. See 11 August****7pm****ABBA HOEDOWN \$10.** Inviting all dancing queens to a line-dancing spectacular celebrating the glitz & glam of 70s supergroup ABBA, led by Carla Langmead. Dressing up encouraged. All welcome.**26/08****2pm****STRENGTH & BALANCE, \$5. See 12 August****7-9pm****FILM NIGHT 'A SIMPLER WAY: CRISIS AS OPPORTUNITY'. One can of food or pantry item.** A community in Australia spent a year building tiny houses, planting gardens, and exploring what it really looks like to live simply within our planet's limits.**27/08****4-5:30pm****KIDS ART IN SPACE \$35.** A fun winter art class for children aged 7-12 years, including all materials and afternoon tea.**5:30-6:30pm STRENGTH & ENDURANCE, \$10. See 13 August****5:30-7pm MINDFULNESS & MEDITATION, Koha. See 13 August****28/08****7pm****POETRY PARTY, free.** Celebrating National Poetry Day! Come along to listen or share a poem that you've written or read and learn who has taken out a prize in the annual Guyton Group Trust Poetry Competition. Light refreshments provided.**7-8:30pm****BRUSHES & BLINDFOLDS, \$70 per couple.** Laugh, get messy & create an abstract masterpiece guided entirely by rhythm, tempo, and touch. Bring a bestie or a loved one to this jovial version of a 'Paint & Sip'. Includes refreshments & delicious nibbles, R18+.**29/08****9am-12pm****NEEDLE FELTING WORKSHOP \$35.** Create your own beautiful needle felted angel. No experience needed, materials provided.**9:30am
-12:30pm****PAINTERLY WATERCOLOUR \$60.** Join Hawke's Bay printmaker Lisa Feyen exploring the exciting possibilities of monotype printmaking using watercolour paint and an etching press. Suitable for all experience levels. BYO watercolour set and favourite brushes.**11am-4pm****ENERGY RESET OR INTUITIVE READING \$30 for 30 mins****11am-4pm****INTUITIVE READINGS, MIRIMIRI + ENERGY HEALING \$30 for 30 mins****2:30pm****'STRANGE LOVE': MUSIC FROM TARANAKI. Tickets \$20 General; \$15 Senior/Student.** Festival favourite Juliet McLean has new music to share in a solo opening set. The second half features Hamish Cameron's new album 'Strange Love' performed with a band of musical stars.**6-8pm****A TASTE OF CAMBODIA \$65.** Enjoy a beautiful 3-course menu featuring authentic flavours like fresh lemongrass, world-renowned Kampot pepper & signature traditional sauces. Host Chetta will share the stories, history & traditions behind every bite.**14 Dorset Road**Contact Sarah 021 298 8379
or sezwhit@gmail.com**Porridge Watson, 30 Drews Ave**
Tickets at Eventfinda**<https://tinyurl.com/yck9adv9>****Booking essential for large groups** <http://www.whisp.co.nz/>
For updates, 'Craftopia' on Facebook**See 22 August****Kai Hub, 267 St Hill Street****Booking essential**

rose@athomewithrose.co.nz

Redlow Gypsy Studio, 5 Smart Tce**RSVP Jo: redlowgypsy@gmail.com****Yogabee, 72 St Hill Street. RSVP to:**
radha.heartawakening@gmail.com**St Andrew's Hall, Bell Street**

Contact Carla 021 165 8961

Fundraiser for Women's Network**Kai Hub, 267 St Hill Street****Booking essential**

kiaora@whanganuikaihub.org

Space Studio & Gallery. RSVP to:
sarah@spacestudiogallery.co.nz**Davis Library, Pukenu Drive****Booking essential**

gonville@whanganuilibrary.com

Booking essential, book online at:
<http://www.whisp.co.nz/>

For updates, 'Craftopia' on Facebook

Awa Room, Whanganui Arts Centre,
19 Taupo Quay. RSVP 021 166 1895**Space Studio & Gallery,**
18 St Hill Street**Booking essential via [events tab]**
www.spacestudiogallery.co.nz/**See 15 August****See 22 August****Amdram Whanganui, 171 Guyton**
Street. Tickets, email Carla:**womnet.whanganui@gmail.com****'Te Rangi', 4 Allison Street****Enrol online:**www.communityeducation.nz**TO OUR FESTIVAL
PARTNERS + FRIENDS***your
support
means
everything!***WOMEN'S NETWORK**The Winter Wonderfest is a flagship initiative of the Women's Network. Operating in Whanganui from the iconic Ladies' Rest Building for 40 years, the Women's Network is all about making positive change for women and girls in our community. As a social service organisation, we have many partnerships across the community, as well as in-house support services & activities. **Follow us on Facebook + Instagram at Women's Network Whanganui & Winter Wonderfest Whanganui on Facebook. Ph [06] 345 6833**